



NATIONAL SERVICE SCHEME

UNIT 233

APJAKTU NSS CELL



DHWANI

NSS SOUVENIR 2020

VOL-1

NOT ME
BUT
YOU



SREEPATHY INSTITUTE OF
MANAGEMENT AND TECHNOLOGY
VAVANDUR, PALAKKAD



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NSS UNIT 233



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NSS UNIT 233

About Us

Sreepathy Institute of Management and Technology (SIMAT) is the offspring of the Sreepathy Trust which is formed with the collective participation of dedicated technocrats, engineers, industrialists and individuals having the common goal of establishing a platform to promote quality higher education and research avenues in professional discipline. The devoted teaching faculty of SIMAT with consistent academic records has been instrumental in molding students into better persons both professionally and personally. The institution has the track record producing university rank holders including two first rank holders in Computer science and Engineering under University of Calicut.

Consistent high placements and outstanding results mark unique performance of the institution which inculcates social commitment among students paving way to the nation building.



About NSS

The National Service Scheme (NSS) is an Indian government sponsored public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhiji's Centenary year in 1969, aimed at developing student's personality through community service. The programme aims to instill the idea of social welfare in students, and to provide service to society without bias.

The NSS Unit 233 of SIMAT has been functioning in the campus under NSS Technical Cell since 2010. From its inception the unit has carried out many notable activities and programs in each years. At present the NSS Unit is functioning under APJAKTU NSS CELL. SIMAT believes in the spirit of community service and idea of caring for the welfare of society that is critical for the ultimate well - being of the individual. NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity.

NSS UNIT 233



DOCUMENTATION WORKS AT NAGALASSERY PANCHAYATH:-

As per the request from Panchayath authorities, the NSS volunteers of SIMAT assisted the staff of Nagalassery Panchayath, Palakkad to re-arrange the files from 2014-2019 separately in boxes, digitalization of records as excel files and other data entry works. Our NSS volunteers helped the authorities to complete the work within one week.

NILA PROJECT PLANNING:-

As a part of a project for the conservation of river Bharathapuzha; a meeting conducted on the theme "SAVE NILA", By friends of Bharathapuzha (A group formed for the river conservation) at Thrithala on 13/07/2019. The programme was inaugurated by Dr.E Sreedaran (Metro man) along with chief guest Mr. Hormis Tharakan (retired DGP). Dr . Shobindran (socialist) also participated in the program. The NSS volunteers from SIMAT attended the meeting and extended the whole hearted voluntary supports for the implementation of the project. As a first step of this project a survey work was assigned to the volunteers of SIMAT at Pattambi municipality to find out various sources casing pollution in the river.



NSS ORIENTATION & VISIT TO KALAVARA:-

As a part of student induction program, the NSS unit of SIMAT organized an orientation program for the 1st year batch. Mr. Sarath Sankar (AP, ME) gave a preface about NSS and Mr. Syam Prasad G (Programme Officer, NSS Unit 233) highlighted the importance of NSS in personality development through social service. Mr. Sreekrishnan (Volunteer Secretary) explained about various activities and camps conducted by the unit in past few years. The senior volunteers shared their memorable experiences with the students.

After the session, the students planted different saplings inside the campus in the name of each group in the induction program. After lunch, the students along with the staff visited “KALAVARA”, which is an open place for various arts and skill training. Gopalan Master (Manager, Kalavara) explained about the objectives of Kalavara and various activities carried out there, for the upliftment of the society.





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ASSAM FLOOD RELIEF WORK:-

With the whole-hearted support of staff, students, management of Sreepathy Institute of Management & Technology and natives in and around Vavannoor and Koottanad; the NSS volunteers of SIMAT sent goods worth of Rs. 25000 to the flood affected people of Assam. The volunteers collected the contributions from shops, houses etc. around the campus for 3 days and were finally packed and parceled it to the needy people of Assam.

HIROSHIMA DAY:-

The NSS Unit of SIMAT observed Hiroshima day which is observed on 6th August every year. It is the day when in 1945, an atom bomb was dropped in the city of Hiroshima, Japan. On this day, first time use of nuclear weapon was seen by the world. The NSS volunteers observed the day by spreading the message of peace and harmony throughout the campus. The volunteers also prepared posters which highlighted the importance of the day.



KERALA FLOOD RELIEF WORKS:-

The NSS volunteers of SIMAT with the support of staff, students and management of Sreepathy College distributed food kits and cleaning kits to 50 flood affected families in Trithala Panchayath. The kits were received by Sri. A Krishnakumar, President, Trithala Panchayath. The volunteers were also involved in cleaning and maintenance of affected homes in the Panchayath.

INDEPENDENCE DAY:-

The NSS unit of SIMAT celebrated our country's 73rd Independence Day at the college campus. The Program started with NSS song. The flag hoisting was carried out by Prof. P V Thankachen (Head – Electrical & Electronics Engg Dept, SIMAT). Mr. Syam Prasad G (NSS Program Officer), Ms. Bhagyasree P G (Associate Program Officer) and Mr. Sarath S (Asst. Professor, ME Dept) conveyed Independence Day messages to the volunteers. More than 70 volunteers participated in the event.

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NSS ORIENTATION CAMP – EKTA 2K19:-

The NSS Unit 233 conducted a two-day orientation camp “EKTA 2k19” for the newly enrolled volunteers on 23rd and 24th August 2019. The camp was inaugurated by Dr. George C T (Principal, SIMAT). Mr. Syam Prasad G (Programme Officer, NSS Unit 233) gave the welcome address and Mr. Ranjith P C delivered the presidential speech. Mr. Janardhanan K (Administrative Officer, SIMAT), Hithesh P (AP, AS&H Dept), Bhagyasree P G (Associate PO, NSS Unit 233) and Sarath S (Ap, ME) felicitated the inaugural function. Mr. Varun V V (NSS Volunteer Secretary) expressed the vote of thanks. The camp aimed to develop the personality and leadership qualities of students thereby enhancing their social commitment. The following sessions were conducted as a part of the camp in two days.



PRATHEEKSHA VISIT AND CULTURAL ACTIVITIES:-

The NSS volunteers of SIMAT visited the Pratheeksha Homecare, Kootanad on 1st September 2019. A Group of Volunteers carried out Home Care activities for the needy patients. The volunteers also spent a good time with the inmates of Pratheeksha Home Care Clinic. Several cultural activities were conducted to make their day funny and colourful.



TEACHERS' DAY:-

The NSS volunteers of SIMAT observed the Teachers Day by organizing various activities for recognizing and honoring their teachers. The volunteers conveyed teacher's day message to all the faculty members. Volunteers made greetings, paper pen and pen holder and distributed it to the departments, staff room, labs and office. The volunteers also made posters which highlighted the importance of the day.





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NILA PROJECT - SURVEY:-

With the support Municipality of Pattambi, students, management of Sreepathy Institute of Management Technology (SIMAT), the NSS volunteers conducted a survey to identify the key polluting sources of Bharathapuzha river at Pattambi. The survey was conducted as per the guidelines of Dr. E Sreedharan (Metro man). Around 1125 houses and buildings situated 3 wards of Pattambi were covered during the survey. More than 60 volunteers participated in the survey. The staff members Mr. Syam Prasad G (NSS Program Officer), Mr. Sarath S (Asst Professor, ME), Bhagyasree P G (Asst Professor, AS&H) and Limisha (Asst Professor, EEE) guided the volunteers. findings from the questionnaires were reported to Dr. E Sreedharan for further proceedings of the project.

ONAM CELEBRATION AT PRATHEEKSHA HOME:-

The Pratheeksha Home care centre, Kootanad, celebrated Onam on 13th September 2019. The function was inaugurated by Dr. Sethumadhavan (Chairman, Pratheeksha). The welcome address was given by Ms. Sreeja (Secretary, SIP). The Presidential speech was

made by Basid (SIP Vice president). Jishnu (Former NSS volunteer, SIMAT), Shamsudhin and Sivadasan (Pratheeksha volunteers) delivered the felicitation speeches. Several cultural events and activities were organized by the NSS volunteers for the inmates of the clinic. Mr. Midhun C V (NSS volunteer SIMAT) expressed the vote of thanks.

NSS DAY CELEBRATION:-

NSS was formally launched on 24th September 1969, the birth centenary year of the Mahathma Gandhi. Therefore, 24th September is celebrated every year as NSS Day with appropriate programs and activities. The NSS day at was celebrated by inaugurating new NSS Office at Sreepathy Campus. The office was inaugurated by Dr. George C T (Principal, SIMAT). Syam Prasad G (Programme Officer, NSS unit 233) addressed the gathering and conveyed message regarding the importance of NSS Day. The event was felicitated by Bagyasree P G (Associate PO, NSS unit 233). At the same time, the NSS volunteers donated food for the needy people near Pattambi region.

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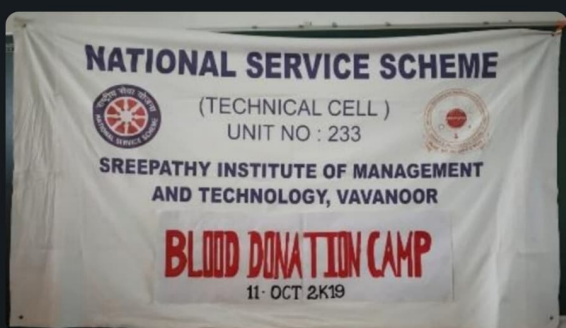
October

GANDHI JAYANDHI:-

On the 150th Gandhi Jayandhi., NSS volunteers conducted Swatch Bharath and plastic removal activities. The volunteers also prepared a vegetable garden inside the campus. About 30 volunteers participated in the activities. Mr. Crecentine J K (Asst Professor, ME Department) guided the volunteers.

BLOOD DONATION CAMP:-

The NSS unit of SIMAT conducted a Blood Donation Camp in association with Blood Doners Kerala (BDK Palakkad) charitable society and HDFC bank on 11th October 2019. The camp was inaugurated by Dr. George C T (Principal, SIMAT). The camp started at 10 AM and ended at 1.30 PM donating 48 units of blood to the blood bank of Dist. Hospital, Palakkad. Mr. Syam Prasad G (NSS Program officer) received blood donation certificate from Dr. Sherry (Dist Hospital, Palakkad). Mr. Sarath S (Asst Professor, ME) & Ms. Bhagyasree P G (Associate Programme Officer) guided the volunteers. Mr. Syam Kumar (BDK Coordinator) expressed the vote of thanks.



SCIENCE FEST AT GHS NAGALASSERY:-

NSS UNIT 233



Sub - District level Science fest was conducted at G.H.S. Nagalassery during 15 and 16 October 2019. The NSS volunteers of SIMAT assisted the program committee by providing voluntary support for the activities and arrangements in the school. The volunteers helped to clean the school premises, arranged the rooms for the contests and guided the participants for the smooth conduct of the fest. The volunteers also provided technical support and assistance for documentation and judgements. About 40 volunteers took part in the event.



SPORTS DAY:-

The NSS Volunteers provided voluntary assistance for the conduct of Annual Sports Meet 2019 of SIMAT which was conducted on 19 October 2019. The Program was inaugurated by Dr K N. Thrivikraman (Chairman, Sreepathy Trust). NSS unit of SIMAT assisted staff for the distribution of prizes and certificates for the winners. The volunteers also provided refreshments for the participants throughout the meet.





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NATIONAL AYURVEDA DAY - ASHTANGAM VISIT:-

The NSS Unit, SIMAT observed National Ayurveda Day on 25 th October 2019 by visiting Ashtangam Ayurveda Chikitsalayam & Vidyapeedham (Medical College) and participating in an orientation program on Ayurveda. The herbal garden, Anatomy laboratories, medicine production units were familiarized to the NSS volunteers. The orientation session was delivered by Dr.Prakash and Dr. Varun. More than 20 volunteers participated in the program.

November

MADHAVA BALASADANAM VISIT:-

The NSS volunteers of SIMAT visited the Madhava BalaSadanam, Peringanoor (Arangottukara) on 9th November 2019 in association with the “CHILDREN’S DAY” which is celebrated on 14th November every year in India as a tribute to Jawaharlal Nehru who was born on November 14,1889.

Volunteers divided themselves into various groups and carried out assigned works given to them like cleaning the surroundings, helping with kitchen works etc.



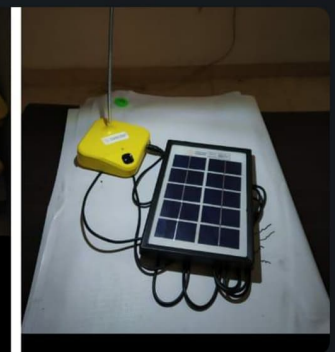
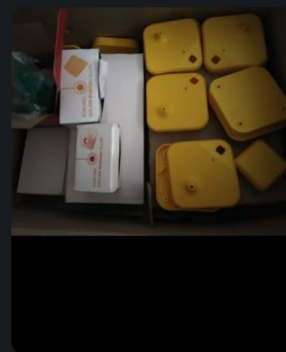
Volunteers spent time with beloved children of Balasadanam by engaging them in several cultural activities and games. The volunteers had a great and memorable time with the inmates of Madhava Balasadanam. The visit came to an end by the loving words of Mr. Subhash, the Warden in charge



SOLAR ASSEMBLY WORKSHOP:-

The NSS volunteers along with the IEDC Club of SIMAT observed the National Education Day by organizing a Solar Assembly Workshop- a project under certification of IIT Bombay.

The session started with the welcome speech by Dr. George C.T (Principal, SIMAT) followed by the presidential address by Dr. K.N Thrivikraman (Chairman-Sreepathy Trust). The session was inaugurated by the chief guest Mrs. Rajeesha (Nagalassery Panchayat President) by lighting the lamp. Gandhi Gram Solar Yathra was launched by presenting the solar lamp to chief guest by Mr. Varun (Volunteer Secretary, NSS SIMAT). After the inaugural session the workshop started at 1.00Pm. The session started with an introductory class about





Renewable Energy and Indian Scenario by Mr.Renjith (Asst prof EEE dept).Later students from various semesters were grouped into 25 groups of 4 members each. A demo of the assembly of solar lamp was given by Mr Shibu (Lab Asst,EEE Dept). Each group were provided a solar kit. The students by following the instructions assembled the solar lamp successfully. The session ended with the vote of thanks by Mr.Syam Prasad.G (NSS Programme Officer).

AWARENESS CLASS AND INTERACTION SESSION:-

The NSS volunteers of SIMAT observed the day by conducting a awareness class on “Child Abuse and Safety” and an interaction session for the students of Vavanoor High school. The program started at 2.30pm by the introductory speech Mr.Rajan (Teacher,GHSS).An interaction session with students was handled smoothly by Mr Sreekrishnan (S7,ME) which regained the childhood memories of students. An awareness class on Child Abuse and Safety was handled by Ms.Vishnulakshmi (S3,EEE) and Ms.Uma (S3,ECE). The last session was handled by Mr.Sravan (S3,EEE) which included magic and motivation for students. The program came to an end with



feedback session by Mr.Ajay (S5,CE). The volunteers had a great time with the blooming buds of GHSS Vavanoor.

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LAHARI VIMUKTHA GRAMAM AWARENESS PROGRAM:-

The Nagalasseri Grama Panchayat along with the social welfare associations and reputed representatives from various organizations conducted a campaigning and formation of an awareness committee as a motto towards “Lahari Vimuktha Gramam” on November 14 2019 at 3.30pm at Kootanad Bus stand. Few NSS volunteers of SIMAT took part in the campaign as we are cordially invited by the panchayat president. The increased use of drugs and Ganja in Kootanad and nearby places where the major discussed issue in the program. After discussing they took prominent solutions which will be soon in effect.





NSS UNIT 233



January

MANAVEEYAM:-

In accordance with Palliative Day the Pratheksha Palliative Care (Kootanad) organized a Mega Home Care on 12 January 2020 named "MANAVEEYAM 2020". The moto of this program was visit and take care of all the patients registered in Pratheksha in a single day. Few volunteers of NSS unit, SIMAT also took part in this Mega Home Care

ONNAYI MUNNERAM:-

On 15th January the NSS Unit 233 of SIMAT organized a motivational and group dynamics session for the first year students of SIMAT. The session **"ONNAYI MUNNERAAM"** handled by Sri. Brahmanayakam Mahadevan –Renowned motivational speaker, Special Educator, An expert volunteer trainee of NSS, Social Activist who bagged the prestigious National Youth Award in 2000 for outstanding voluntary service . The session included motivational speech, sharing life experiences, group activities, games etc.

The session was effective as it opened the eyes of the students to the world of reality. It was an energetic and memorable



REPUBLIC DAY:-

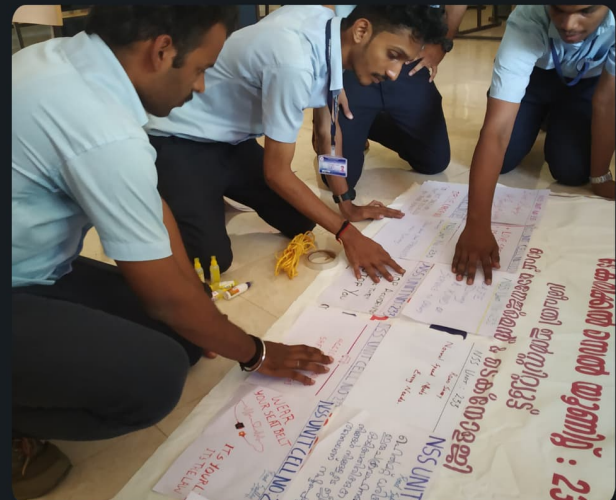
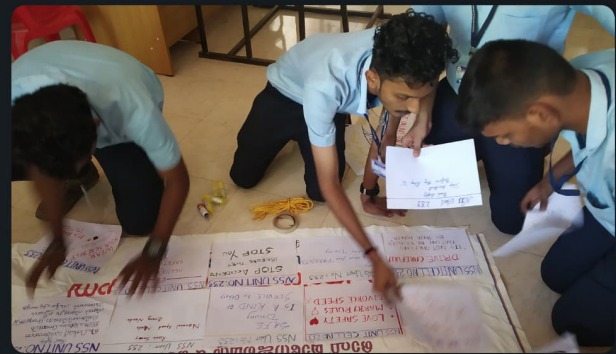
Republic Day is the National event and it honors the date on which the constitution of India came into effect on 26 January 1950. The NSS volunteers of SREEPATHY INSTITUTE OF MANAGEMENT AND TECHNOLOGY celebrated the National Republic Day.

After flag hosting the volunteers were involved in campus beautification works. They painted all the flower pots in the campus for planting new plants.



ROAD SAFETY AWARENESS PROGRAM:-

The NSS unit of SIMAT observed the National road and safety week by providing a lot of helpful and necessary information to the students of SREEPATHY INSTITUTE OF MANAGEMENT AND TECHNOLOGY and the people around the campus. The NSS volunteers of SIMAT prepared posters to aware the people about the road and safety measures and the importance of road rules.





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February

3 DAY ADVENTURE CAMP:-

The NSS Unit 233 of SIMAT conducted a self - organized Adventure Camp for the first time in the history of SIMAT as well as among the other NSS Units in Kerala.

The 3-day adventure camp TAKSHILA was from Feb 21st-23rd, 2020 at SIMAT. The camp was comprised of various adventure bases and activities. It had various competitions and interactive & practical sessions under experienced trainers from Kerala State Bharat Scouts & Guides.

The camp was intended to induce courage, confidence and socio-cultural values among students. Tunnel crossing, Dummy leg walking, Rope balancing, Ladder crossing, Beam balancing, Shooting, Tyre crossing, Blind walk, Fire walk, Treasure hunt and Dark room rescue were the events conducted in the camp.

An Emergency first aid session was handled by Mr.Akhil.T.A (57th Rabindranatha Tagore Open Rover Crew) & Ms.Sherin(409th Annie Besant Open Ranger Crew). A session on Disaster Management was handled by Nandhana.(409th Annie Besant Open Ranger

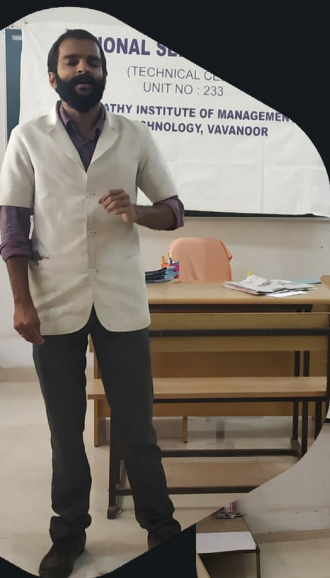


Crew), Anjana.N.R (409th Annie Besant Open Ranger Crew), Joseph Ancel Bonaparte(57th Rabindranatha Open Rover Crew) .The 3 day camp ended with the feedback session followed by the Prize distribution session & closing ceremony.





NSS UNIT 233



PULWAMA DAY:-

Our NSS Unit observed **PULWAMA** Day by organizing a Honouring Program for the Ex-Servicemen(Security guards of SIMAT).The program started at 3pm in the seminar hall with the inaugural address by DR.George.C.T (Principal, SIMAT). After The inaugural address the Head of different departments honoured the security guards and gifted them a small token of love. Then the security guards shared their experiences in their service years for the Nation.

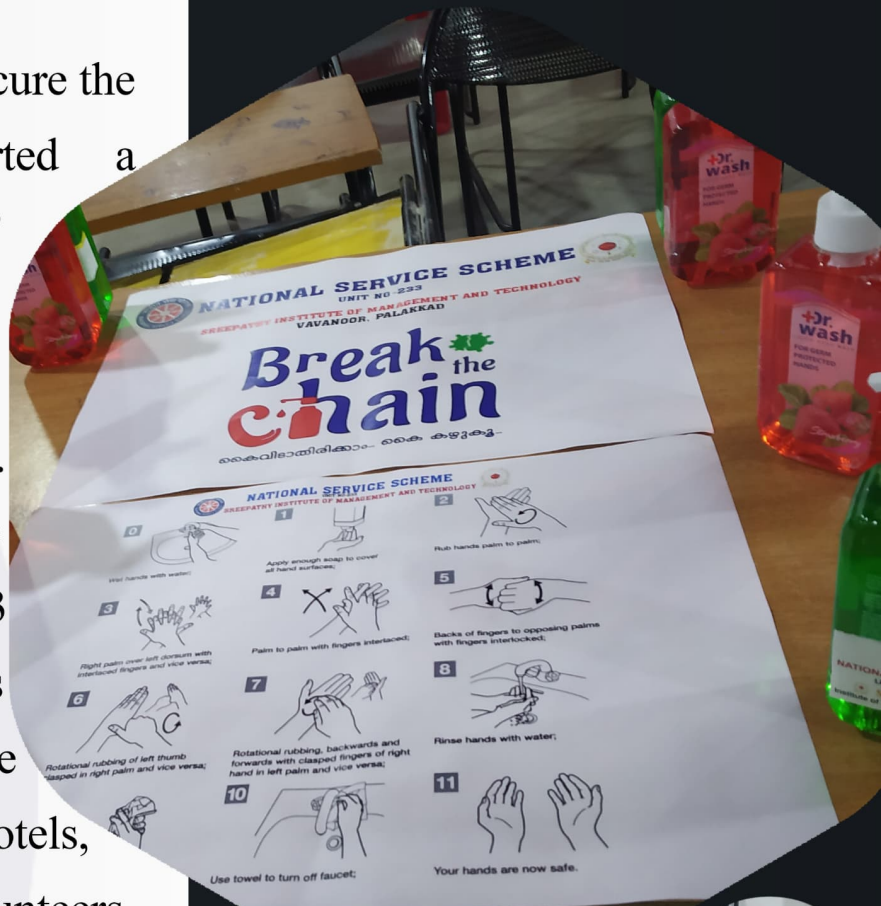
MATHRUBASHA DINAM OBSERVATION:-

February 21 is celebrated as the International Mother Language Day worldwide, as declared by the United Nations in 2000. The annual observance is marked to promote awareness of linguistic and cultural diversity and promote multilingualism. Our NSS unit conducted a **“Kavitha Parayanam”** competition in the college in order to mark the importance of our mother tongue. Along with the Students the staff also participated in the event to make it colourful.

BREAK THE CHAIN CAMPAIGN:-

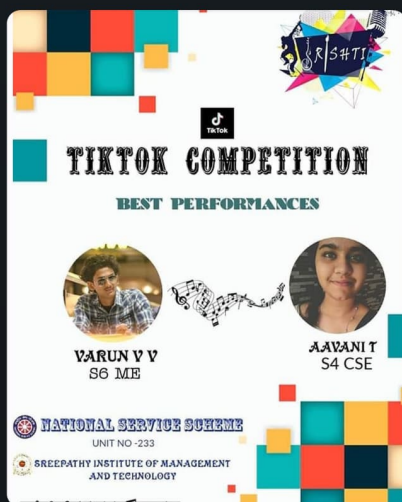
As Prevention is better than cure the Government of Kerala had started a campaign “BREAK THE CHAIN” aiming spreading the awareness about COVID-19 and focusing on the personal hygiene development. Being a part of the Break The Chain Campaign the NSS UNIT 233 of SIMAT placed awareness posters and hand wash inside the college campus and nearby Restaurants, Hotels, Tea shops, Bakeries etc. Few volunteers gave an idea to the community about the virus and precautions to be done in order to reduce the chance of spread.

Mr. Syam Prasad G (PO NSS UNIT, SIMAT) put a start to the campaign by giving sanitizers to the staff of SIMAT and giving an awareness among them to keep the personal hygiene



SRISHTI-ONLINE FEST:-

During this Lockdown period the NSS Unit 233 OF SIMAT organized an online fest named “SRISHTI” to nurture the various talents of the students. The volunteers of the unit along with staff organized a number of events with proper guidelines. The events conducted are Tik Tok Challenge, Online Troll Competition, Music Mania-Instrumental Music Challenge, Smule Contest, Smoke, photography contest, Bottle art competition



May

NSS UNIT 233



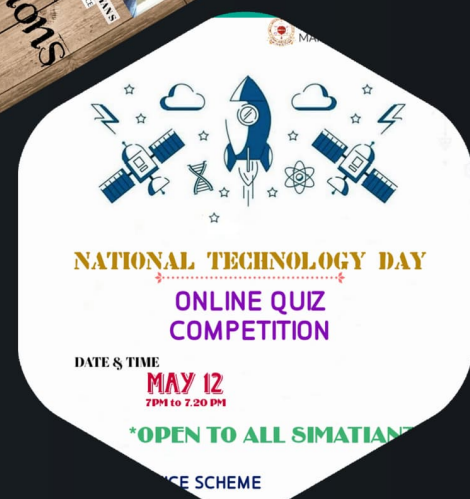
MASK CHALLENGE:-

COVID-19 has changed all our lives in the recent weeks. . During this pandemic period face mask has become a part of our daily lives. The NSS Unit 233 of SIMAT along with the staff of Sreepathy have taken an initiative in making masks for the needy people and students of nearby schools and also for our college .the masks were distributed to GHSS Nagalassery, Govt Taluk hospital pattambi, and to the Police Station, Changaramkulam



QUIZ COMPETITION:-

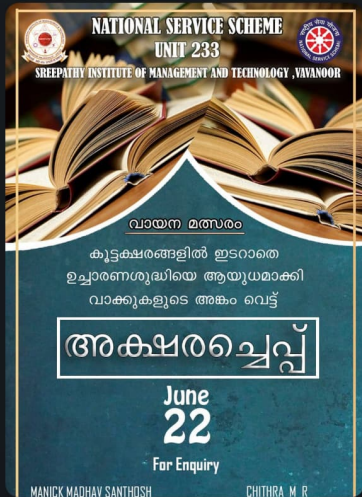
Every year MAY 11th is observed as the NATIONAL TECHNOLOGY DAY. The day marks the anniversary of Pokhran nuclear tests of 1998 and India's technological advancements in the space. As a part of this day, the NSS Unit 233 of SIMAT has organized an online Quiz competition for all the students of Sreepathy on 12th May. Certificates were issued to the participants and winners.





PHONE DISTRIBUTION ONLININAYI ORUMA:-

The Volunteers of NSS Unit 233, SIMAT took an initiative to sponsor a SMART phone to a degree student in Nagalassery locality by raising fund. Many kind hearted people contributed to this fund collection. On 18th June few volunteers along with Mr Manikandan, Ward member of Nagalassery Panchyath visited her house and handed over a Smart Phone to that family.



AKSHARACHEPPU:-

Vayana Malsaram In association with the Reading week the NSS Unit 233, SIMAT organized an online reading competition “AKSHARACHEPPU”. The students were given an article to read and were asked to send an audio of their favourite portion. Winners were selected by the judges after evaluating their vocabulary in reading



ENVIRONMENTAL DAY OBSERVATION:-

The NSS Unit 233 of SIMAT observed World Environment Day by cleaning the house and college surroundings and planting new saplings in the college and in the gardens of each volunteers to nurture the future. Even during this Pandemic period our staff and volunteers actively took part in this small step towards protecting our nature for future generations.





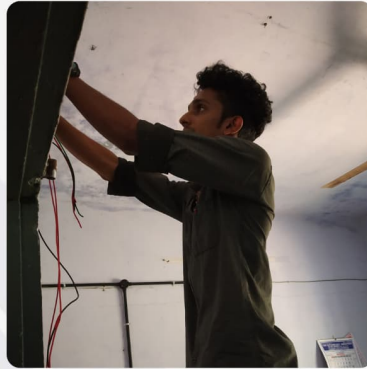
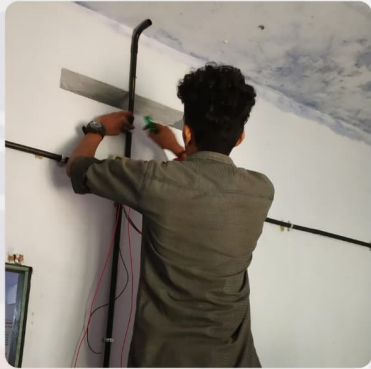
NSS UNIT 233

Golden Memories

NSS 7 DAY SPECIAL CAMP:-

Camping forms an integral part of NSS Programmes. It is a creative, sustained and collective educational experience for students in social service through planned living to achieve certain specified objectives. It involves the students in the learning process through objective observation and democratic participation. It provides an opportunity to live together harmoniously with groups of students belonging to different regions, caste, social, religious and language groups. It also provides an experience in mutual adjustment and adaptation to new, changing and challenging situations. It helps to broaden the outlook of the students and develops in them a sense of national consciousness and social responsibility. It inculcates in them self-discipline and develops dignity of labour. This year, the NSS 7 day special camp was conducted from 20th-26th December 2019 at Govt. Higher Secondary School, Chathanur.

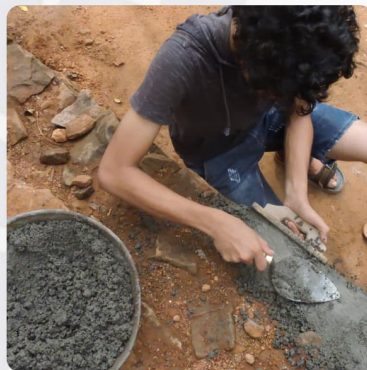




*Electrical works at Krishibhavan
(Thirumittakode Panchayath
Building)*



*Painting works at two
Anganwadis in the nearby
locality.*



*Patch works at the school
ground.*



Painting of school toilets.



NSS UNIT 233

*Motivation session by Sri.
Ajeesh. E R (Motivational
Trainer).*



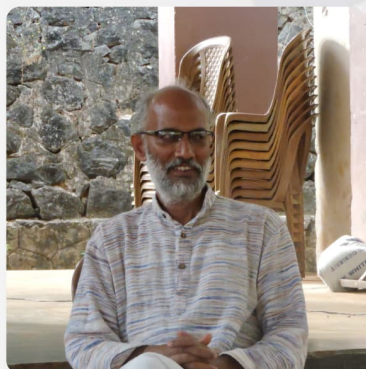
*Awareness on Electric
security" by Mrs. Liji (Sub
Engineer from KSEB
Peringod*



*Awareness session by Sri.
Anil Mathew (Sub
Inspector – Chalissery
Police Station)*



*"Leadership" by Sri.
Gopalan Master (retired
teacher)*



Christmas celebrations







**“The best way to find
yourself is to lose
yourself in the service of
others”**