SREEPATHY INSTITUTE OF MANAGEMENT AND TECHNOLOGY (SIMAT)

Vavanoor, Palakkad - 679 533 NSS Technical Cell Unit-233





07-02-18

REPORT OF EMPANELLED TRAINING FOR NSS PROGRAMME OFFICERS

Empanelled training institute for National Service Scheme (ETI NSS) has been functioning in the campus of Rajagiri College of Social Sciences Kalamassery since 1973. Over these years the Training Centre could play a vital role in the planning and execution of various activities under National Service Scheme in the state by empowering the Programme Officers through Orientation and Training Programmes. ETI, conducted an orientation course for NSS programme officers from 31st January to 6th February 2018 (7 days) at Rajagiri College of social sciences, Kalamassery. Each day of the programme start with yoga at 6.15am. After breakfast, every day began with N S S theme song and a message. The previous day's report was presented and the camp paper was released on every single day. Every day, the programme usually extended up to around 9.30pm. The detailed lists of day by day activities are summarized below.

DAY I (31-01-2018)

- The registration was started at 10 AM.
- I V Soman marked the beginning of the training with a "pre-training evaluation".
- After lunch we gathered at ETI seminar hall for the presentation on "history and Philosophic bases of NSS" by I V Soman.
- After tea time, around 4.30pm Dr. K G Radhakrishnan, medical college, Thrissur gave us an informative and impressive talk on "sustainable Development –Role of NSS".
- We dispersed at 8pm for the dinner.





DAY 2 (01-02-2018)

- Report was presented by Mr. Arun K A, PO SIMAT Vavanoor.
- After this Dr. C R Ajith Sen, co-ordinator, IHRD NSS cell delivered a talk on "Organizational structure of NSS and their role and responsibilities of programme officers".
- Then he continued the session with "Documentation and maintenance of records and registers".
- After the tea break at 11.30 AM Dr K Sabukuttan, state NSS officer delivered a talk on "National and state level flagship programmers of NSS.
- After lunch at 1 PM, next session was started with "Leadership skills" by Kiran Thampi, Asst Prof. Rajagiri college, Kalamassery.
- From 4.00 PM to 6.00 PM session was about "Discussion on socio economic health survey". Then it was followed by a cultural show by empanelled training participants.
- Then the programmes came to an end by 8.30 PM.



DAY 3 (02-02-2018)

- "Psychosocial needs of adolescent children" was handled by Meena Kurivila Former member of kerala state Child Rights Commission.
- Afternoon session was started at 2.00pm. It was handled by Dr Paul Chacko, for the subject "Personality Development and motivation".
- Thereafter from 6.00pm to 8 the "health Awareness Campaign on lifestyle Diseases" were planned.



DAY 4 (03-02-2018)

- This day of the training was fully dedicated for field work activities and the trainees conducted health survey and awareness classes on Alcoholism, Lifestyle Diseases, and Waste Management etc. in the 19th ward of the Koovapady Grama Panchayath.
- At night, after dinner we gathered at ETI seminar hall and made the initiative for the preparation of camp souvenir. And meeting dispersed by 10pm.





DAY 5 (04-02-2018)

- B Biju Kumar, District Convener HSE NSS, Pathanamthitta delivered a talk on "Campus community partnership in NSS".
- Then the day continued with the tabulation of field datas collected from the previous day's survey.
- Report based on the tabulations were prepared and analyzed. And finished by 5 PM.
- From 5pm to 8pm it was leisure time.

DAY 6 (05-02-2018)

- At 9.15 am Mr. Renjith P programme coordinator, VHSE NSS cell discussed on "effective management of NSS special camp".
- After the tea break, around 11.30am an informative session on "National and International Level Avenues for the NSS Volunteers and programme officers" was done by G P Sajith Babu, Regional Director, Govt. of India, NSS RD, TVM.
- After lunch, at 2pm all the participants visited Rajagiri college library.
- "Sharing of experience in NSS" by Dr. Soni T L, Govt. college, Thrissur.
- From 6 pm onwards the cultural activities were planned and different programmes were performed.



DAY 7 (06-02-2018)

- Presentation of Survey Report was presented by Survey Report Committee
- After tea break, Innovative Projects and Community level Activities were discussed and presented.
- Training Evaluation was conducted
- Valedictory Function started at 1.30pm. Mr. Arun K A, NSS Programme officer, SIMAT Vavanoor welcomed the chief guest and other eminent personalities.
- After lunch, the 7days training programme came to an end.







Conclusion

I take this opportunity to extend my sincere thanks to the NSS Programme Coordinators, the resource Persons who handled various sessions. I sincerely believe that it could instill the right spirit of NSS in the minds of Programme Officers who have attended training programmes. I also thank the Management of Rajagiri College of Social Sciences for the support and guidance.