



NSS SOUVENIR 2024

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"THE DIFFERENCE BETWEEN WHAT WE DO AND WHAT WE ARE CAPABLE OF DOING WOULD SUFFICE TO SOLVE MOST OF THE WORLDS PROBLEMS."

-MAHATMA GANDHI



SREEPATHY
INSTITUTE OF MANAGEMENT AND TECHNOLOGY

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February 2024

NEHRU YUVA KENDRA SANGATHAN



Nehru Yuva Kendra Thrissur proposed to Conduct District Level Neighborhood Youth Parliament 2024 programme 27th February 2024 at Town Hall, Thrissur at 9:30 Am in coordination with National Service Scheme.

We propose to organise a mock parliament, a session on Nation building activities and an interactive session for the students with Hon'ble District collector Sri.Krishna Teja IAS.

TRAUMA AWARENESS SESSION & NATIONAL TOOTHACHE DAY



NSS unit 233 conducted a Trauma Awareness Session along with a Dental Awareness Session on February 9th, 2024. The volunteers and the students of 1st year were asked to be seated in the seminar hall at 2:30 pm for the session. The program was handled by Dr.Arun V and Dr.Asathy K on behalf of Indian Dental Association, Valluvanad. The session was very informative and gave them an awareness on how to handle teeth problems and about road safety. The session ended at 4:00 pm.

LIBRARY CLEANING

NSS volunteers conducted college cleaning and library cleaning on February 10th from 9.30am to 3 pm. The volunteers helped in container gardening around the college premises. The work was successful.



COLLEGE CLEANING

Some volunteers of NSS UNIT 233 SIMAT gathered in the college premises at 1:30pm. The volunteers were divided into groups. Some cleaned the NSS room while the others cleared all the litters all around the college. The cleanup drive was a huge success. Volunteers finished the duty at 3:30 pm.



NSS UNIT 233 also observed these days | National Science Day-28th February

March 2024

ORPHANAGE VISIT



The volunteers of NSS unit 233 SIMAT decided to visit an orphanage named Sadhashiva Madhava Balasadanam at Peringanoor on March 23, 2024. A group of volunteers visited the orphanage under the coordination of Sri. Jishnu BH (Program Officer, NSS Unit 233 SIMAT).

The volunteers handed over books and some other stationary materials to the students residing there and spent much time with them.

PRATHEEKSHA PALLIATIVE -HOMECARE



The volunteers of NSS UNIT 233, SIMAT spent two days with the palliative care people. The volunteers were divided into groups and sent to different homes along with a doctor to check on the patients. Volunteers spent their time understanding the family situation and by talking to the patients.

NSS UNIT 233 also observed these days:

- National Dream Day-March 11th
- Women's Day
- Worlds Social Work Day-march 19th
- International day of Happiness-March 20th
- World Water Day-March 22nd
- Easter Day
- World Forestry Day-March 21st

April 2024

PAYASAM CHALLENGE

On April 4th 2024 at 3pm volunteers came together to make a significant impact on the lives of the homeless in our community. This initiative involved distributing delicious payasam to students and staffs of the college.

This successfully brought the volunteers showcasing the power of collective effort. It was mandatory for all the volunteers to buy per litre of payasam. Students and staff cooperation made the event to reach its fullest.

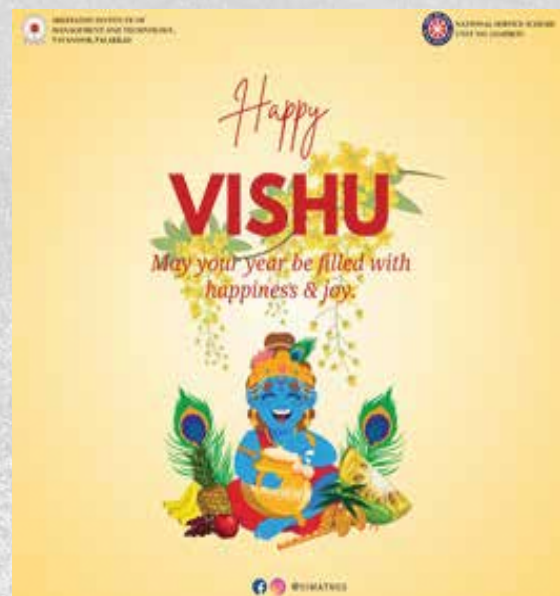


CLEANING WORK TECHFEST

In order to clean the college campus for tech fest in Saturday and Sunday, NSS volunteers have cleaned the surrounding successfully.



NSS UNIT 233 also observed these days:
Vishu-14th April 2024



MAY 2024

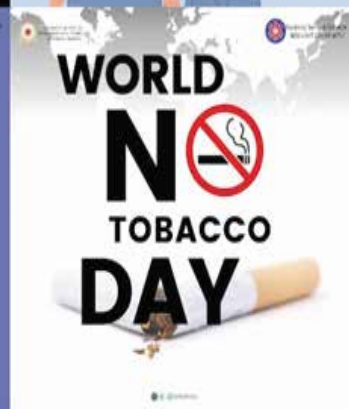
workshop on Financial Guidelines of Govt.of India in NSS Administration



One-day workshop was conducted for NSS units (Thrissur- Palakkad Region) of APJ Abdul Kalam Technological University at Ahalia School of Engineering & Technology, Palakkad. Mr.Jishnu B H (SIMAT PO) and our volunteer secretaries Neehara V S and Sujith V S attended the workshop. The workshop was conducted based on the financial guidelines of Govt. of India in NSS Administration to be followed by NSS units. University NSS Program Coordinator Dr. Arun M. Presided over Ahalia Group Executive Director Dr. Krishna Kumar Kishor inaugurated the program. Thrissur Palakkad NSS Regional Coordinator Vipin Krishna, Palakkad District Coordinator Syam Prasad G, Documentation Coordinator Rejumon R, NSS Program Officer (Ahalia School of Engineering & Technology, Unit no.311) Jayakrishnan R, Ahalia Group Academics Outreach Manager Bindu Valoor participated in the inaugural function and spoke. Dr. Arun M. Rejumon R and Dr. Sudheer S Marar led the sessions on various topics such as Financial guidelines of Govt of India in NSS administration.

The total number of participants in the workshop was 55 numbers which includes (19 programme officers, 1 district coordinator, 35 volunteer secretaries)

NSS UNIT 233 also observed these days:
 World Athletics Day-7th May
 Mothers Day-12th May
 International Nurses Day-12th May
 Brothers Day-24th May
 World No-Tobacco Day - 31st May



June 2024

ENVIRONMENTAL DAY

NSS volunteers gathered in the NSS room at 1:00 PM and divided into four groups.

Two groups cleaned the college garden and the other two groups added fertilizers to the plants. At 3:00 PM Principal planted a sapling in the college garden. The event ended at 3:30 PM.



The NSS Volunteers assembled in the seminar hall at 10 am for the yoga session organised by ashtangam. The class was very informative and helped the students understand the benefits of doing yoga on a daily basis. The program ended at 12pm.



On behalf of International Yoga Day, a marathon was organized on 22nd June 2024 to promote health, wellness, and the holistic benefits of yoga. The event took place in Velliyamkallu Heritage Park, drawing a diverse crowd of participants of yoga enthusiasts and students. Over 500 participants registered for the marathon, including individuals of all age groups. The event saw enthusiastic participation from schools and various community organizations. The event was organised by Ashtangam Ayurveda Chikitsalayam with Thrithala Grama Panchayath. The routes were meticulously planned to ensure safety and convenience for the runners with medical aid and volunteer support available at regular intervals. The marathon was from Thrithala to Velliyamkallu Heritage Park of approx 1 and half km.



NSS Students conducted a magic show related to AIDS DAY. All the staffs of the college and the students enjoyed the

NSS UNIT 233 also observed these days:

World Blood Donor Day-14th June 2024

World Elder Abuse Awareness Day-15th June 2024

Fathers Day-16th June 2024

Eid Al-Adha - 16th & 17th June 2024

National Reading Day- 19th June 2024

International Yoga Day-21st June 2024

World Olympic Day-23rd June 2024

International Day Against Drugs Abuse- 26th June 2024



July 2024

NSS 2 DAY ORIENTATION CAMP

Nss 233 unit of Simat conducted 2 day orientation camp from 12th July to 13th July 2024. Almost 79 students registered and attended the camp. Camp registration started on 12th July and students reached at 2:30 pm. At 3 pm camp started with inauguration done by respected principal sir. The program started with orientation class of nss by Syam sir district PO and faculty of mechanical engineering department of Simat. Class conducted with activities and ended up by planning the different nss activities which to be conducted upcoming months and presented by one of the team member. After dinner Sri. Sreekrishnan Alumni of Simat conducted icebreaking session. After the session senior nss volunteers conducted a game which is really enjoyable. On 13th July camp session started at 5:30 am with exercise and walking. At 8:00 am flag hoisted by associate program officer Uma miss and program officer Jayan sir. After breakfast Sri. Pradeep conducted a session on Palliative care. After the session Dr. Divya conducted a session on Personality Development and Nss awareness. The camp ended with feedback of students. After lunch every student left the camp by 2:00 pm.



PATTAMBI TALUK PALLIATIVE MEET

The representatives of nss volunteers participated in a program conducted by pratheeksha palliative care in Kootanad at 10 am. The session taken by chairman of prath-eeksha palliative care and selected 2 volunteers as general secretary of pattambi taluk palliative care. The meeting ended by 4pm.



FAREWELL TO EX PO OF SIMAT NSS

On 24 July Nss volunteers gathered together to give a warm farewell to Syam Sir ex Program officer of Simat Nss 233 unit. The event, held under the supervision of Mr Jayan (NSS Program officer), Mr Jishnu (Ex PO) Ms.Uma Maheshwari (Ex APO) saw emotional moments and expressions of gratitude.

He thanked and blessed all the volunteers. He emphasized the path of selfless service and expressed gratitude to the college administration for fostering a conducive environment. He was also honored with a memento by the volunteers.



WAYANAD RELIEF CAMP

As news of the devastating landslide in Wayanad spread across a shell-shocked Kerala. Volunteers came together to help those affected by the disaster. Volunteers collected foodstuff, water, clothes, etc at our college and they organised everything with precision.



August 2024

NSS ROOM CLEANING

A group of NSS volunteers worked together in cleaning and painting the NSS room. Volunteers started by removing dust and cobwebs from the wall and painted the walls well. All the desks, chairs and other furniture were thoroughly cleaned and dusted. The cleaning was a success, with the room left spotless and ready for future NSS activities.



September 2024

BLOOD DONATION CAMP

The NSS Unit, Sreepathy Institute of Management and Technology, organized a Blood Donation Camp named Sanjeevanam 4.0 on September 4, 2024. This was conducted in collaboration with IMA Blood bank Thrissur. It was held from 10 am to 4 pm near the civil department. We were fortunate enough to collect 50 blood units. The camp was a huge success!



TEACHERS DAY CELEBRATION

We celebrated Teachers' Day on the 5th of September with great enthusiasm. The whole program was organized by the NSS 233 Unit Simat. Students expressed their gratitude towards the teachers by distributing sweets and gifts.



SHELTER HOME VISIT



NSS volunteers visited pratheeksha palliative care on NSS day 29/09/2024. Palliative care is about improving the quality of life of anyone facing a life threatening condition including physical, emotional and spiritual care. Palliative patients need mental support and we planned to meet them. We were able to help them as much as we could.

SWEETS DISTRIBUTION

On the NSS Day on 24/09/2024 NSS volunteers shared joy by sharing sweets to students and teachers.



INDUCTION PROGRAM



On September 28 2024 NSS UNIT 233 SIMAT conducted an induction program to btech first year students. The session was handled by our ex-program officer and Palakkad regional officer Syam Sir.

YOUTH MEET

On September 30 2024 nss volunteers participated youth meet held at Nagalassery Panchayath Office. The meeting also led to honoring haritha karma sena members.



October 2024

NATIONAL UNITY DAY

Rashtriya Ekta Diwas was celebrated by Nss volunteers Simat unit 233 on 30 October 2024 to commemorate the birth anniversary of Sardar Vallabhbhai Patel, popularly known as the Iron Man of India. The special assembly was conducted to re-affirm the inherent strength and resilience of our nation. The Rashtriya Ekta Diwas Pledge was taken by the volunteers the teachers and respected principal to withstand the greatest threat to the unity, integrity and security of our nation.



AIDS DAY ORIENTATION WITH MAGIC SHOW

NSS Students conducted a magic show related to AIDS DAY. All the staffs of the college and the students enjoyed the magic show and got awareness by this.



PTB HOSPITAL CLEANING

NSS Volunteers cleaned the ground area of Pattambi hospital. The cleaning process was successful.



MEGA CLEANUP

The volunteers of NSS unit 233 simat participated in the mega cleanup on 5/10/24 which was a part of Harita Vidyalaya, Harita Bhawanam Harita Nagaram Mega Campaign implemented by the educational institutions of Trithala Mandalas part of Garbage Mukta Navakeralam People's Campaign. The program inaugurated by M B Rajesh Minister of local self government excise.



November 2024

KTU CARE REGIONAL MEET



Conducted and organised the flagship program. Students from colleges of thrissur and palakkad attended this event. Total of 50 students attended this program.

December 2024

NSS 7 DAY CAMP 2024

DAY 1- 21/12/2024

SIMAT NSS unit's 7 day camp started at Chathanoor govt.higher secondary school on 21/12/24.Camp started at 4:00 pm in the presence of SIMAT NSS unit program officer, Mr.Jayan T.V. The inauguration of the program was done by Thirumittakodu grama panchayat president Mrs.Suhara Thayil.After 5:00 pm there were 2 sessions. First one was an interactive session between 2nd year and 3rd year students. Next one was an ICE BREAKING session by SIMAT college alumni Sreekrishnan.after having dinner camp review from 10:00-10:30 pm and then lights off.

**DAY 2 - 22/12/2024**

Volunteer's wakeup at 5:00 Pm. From 5:30 Am to 6:00 Am Yoga session is taken by Adarsh. S and Adarsh T.S. Program committee conducted assembly from 6:30 a m to 7:00 a m. Volunteers have their breakfast by 8:30 Am. By 9:00 am half of the volunteers go to Karukaputhur pagalveed for painting and other half clean Chathanur school compound by 1:00 pm volunteers came back and have their dinner. The first session is conducted by Rahil Sir from 2:30 p m to 4:30 p m.

After Tea break second session is taken by Hithesh Sir from 4:30 Pm to 8:00 Am. After having dinner cultural activities starred from 9:00 Pm to 10:00 Pm. Then from 10:00 Pm to 10:30 Pm camp review and then the lights off.

DAY 3 - 23/12/2024

Volunteers go to Karukaputhur pagalveed for painting and other half clean Chathanur school compound by 1:00 p m volunteers came back and have their dinner. The first session is conducted by Excise Department Vimukthi officer Mahesh Sir from 2:30 p m to 4:30 p m. After Tea break second session is taken by Thrissur - palakkad Energy cell RC Karthika. G and Shalbin Benny from 4:30 p m to 8:00 a m.

After having dinner cultural activities starred from 9:00 p m to 10:00 p m. Then from 10:00 p m to 10:30 p m camp review and then the lights off.

DAY 4 - 24/12/2024

Volunteers wake up at 5:00 am from 5:30 am to 6:00 am Yoga session is taken by Adarsh.S and Adarsh.T.S.Program commitee conducted assembly from 6:30 am to 7:00am.volunteers have their breakfast by 8:30 am. By 9:00 am half of the volunteers go to karukaputhur pagalveed for painting and other half cleaning Chathanoor school compound. By 1:00 pm volunteers come back and have their lunch. By 1:15 pm SIMAT principle respected S.P Subramanyan sir, HOD Rahul sir visited camp with food. After lunch there was a session by NRPF (national resource protection source) trissur- palakkad RC Naveen. Later on there was a practice session from 4-6 pm for Christmas celebration. From 6pm onwards Christmas celebrations started. Dinner from 9:00 to 10:00pm.10-10:30 camp review and then lights off.

**DAY 5 - 25/12/2024**

Volunteers wakeup at 5:00 Am after that a stretching session conducted by Adarsh. S and Adarsh. T. S .By 6:30 Am volunteers go to Chathanur School ground and done various physical activities. By 7:30 Am programme committee conducted Assembly and NSS flag hosted by Program officer Jayan Sir , By 8:30 Am volunteers have their breakfast and divided into two halves and go to their work sites .By 12:30 Pm volunteers came back from work sites and have their lunch by 1 Pm. After that by 2:30 Pm there have been an awareness class conducted by Fire and Rescue Department Officers Adheep Sir and Renjith Sir. After tea break there has been an Awareness class by KSEB Sub. Eng Dhijesh Sir at 5:00 Pm. The session ended by 8:30 Pm after that volunteers have their lunch the cultural events started by 9:00 Pm and by 10:00 Pm after camp review the lights off.off.

DAY 6 - 26/12/2024

Volunteers wake up at 5:00 am.from 5:30 am to 6:00 am Yoga session is taken by Adarsh.S and Adarsh.T.S. Program committee conducted assembly from 6:30 am to 7:00 am.volunteers have their breakfast by 8:30 am.By 9:00 am half of the volunteers go to karukaputhur pagalveed for painting and other half cleaning Chathanoor school compound. By 1:00 pm volunteers come back and have their lunch.After lunch, the session was held in the afternoon. The topic was the social media society that the doctor at Das Hospital is creating and ways to deal with it - Razan Nizami, who came to the rescue, took the opportunity to ask about the last night of the camp. The last night of the camp was wrapped up with a fun activity as a light surprise by candle light dinner. Then the camp was closed until then -0830 The review meeting of the students later ended the last night of the NSS camp.



DAY 7 - 27/12/2024

Final day started with yoga at 6 am. Assembly was started by flag hosting by programme officer Jayan sir at 7 am. After breakfast volunteers cleaned up the camp surroundings. After lunch all volunteers left camp at 5.00 pm.

